



Murray City School District
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MEDIA ALERT

Horizon Elementary in Murray Jumps Rope for Heart Association *School Activity raises money for Healthy Heart Month*

08 February, 2007, Murray, UT – February is Healthy Heart month and students at Horizon Elementary in Murray are jumping rope this week for their own health and to help others. Students were invited to collect pledges from family and friends and then jump the amount of time that they promised their sponsors. Money collected is being donated to the American Heart Association

The range of time spent jumping has been about 45 minutes (with some rest time). School Physical Education Specialist Shanna Nava has also organized a fun Jump Rope Olympics where children jump to be awarded “Olympic Medals.”

WHERE:

Horizon Elementary School

5180 S. 700 W. (Glendon St.), Murray, UT 84123
(801) 264-7420

Principal Tracy Sjostrom-Martinez

Activity Contact: Shanna Nava, Horizon Physical Education Specialist

WHEN:

9 – 11:30 AM & 1:30 – 3 PM

Today – Thurs., Feb. 08 (2nd grade)

Tomorrow – Friday, Feb. 09 (6th grade and kindergarten)

Under the direction of the Murray Schools Board of Education, the mission of the Murray City School District is to work in partnership with the community in the education of youth in a changing society. Richard R. Tranter is superintendent and chief executive officer of Murray School District; Mitzi Huff is president of the Murray School Board.